

1967 Region 8 Championship at Bemidji State College, Sat., June 3, 1967

Teams: East Grand Forks 42, Bemidji 40, Fosston 25, Bagley 20, Roseau 14, Littlefork 13, Gary 10, Crookston 10, Thief River Falls 8, Stephen 7, Ada 6, Indus 5, Park Rapids 4, Greenbush 4, Redlake 4, Twin Valley 4, Fertile 3, Warroad 2, Baudette 1.

100

- 1 Tom Beltz, Bagley 10.2 w.a.
- 2 Stuart Hendrickson, Indus
- 3 Beck, East Grand Forks
- 4 Helgeson, Bemidji
- 5 Marhula, Baudette

220

- 1 Joel Haugen, Bemidji 22.3 w.a.
- 2 John Olson, Little Falls
- 3 Fore, East Grand Forks
- 4 Anderson, Stephen
- 5 Lohmeier, Fosston

440

- 1 Dan Beck, East Grand Forks 51.9
- 2 Carlson, Twin Valley
- 3 Lohmeier, Fosston
- 4 Bob Ewert, Bemidji
- 5 Burmeister, Littlefork

880

- 1 Tom Beltz, Bagley 2:02.8
- 2 Lindberg, Roseau
- 3 Bergum, Crookston
- 4 Hann, East Grand Forks
- 5 Thunder, Redlake

Mile

- 1 Bob Museus, Bemidji 4:39.0
- 2 Velen, Gary
- 3 Dow, Redlake
- 4 LaValley, Thief River Falls
- 5 Grindahl, Roseau

High Hurdles

- 1 Jim Rud, Fosston 14.7 w.a.
- 2 Thorrahl, Gary
- 3 Hewitt, Park Rapids
- 4 Gonsorowski, East Grand Forks
- 5 Ennis, Littlefork

180 Yd. Low Hurdles

- 1 Jim Rud, Fosston 19.4 w.a.
- 2 Kim Krostue, East Grand Forks
- 3 Ames, Bagley
- 4 Olson, Roseau
- 5 Gamm, Park Rapids

* Ties Meet Record

** New Meet Record

Notes:

880 Relay

- 1 Bemidji 1:33.1 ** (Helgeson, Peck, Ewert, Haugen)
- 2 Fosston
- 3 Stephen
- 4 East Grand Forks

Mile Relay

- 1 East Grand Forks 3:32.9 (Fore, R. Soltis, Gonsorowski, Beck)
- 2 Bemidji
- 3 Rodeau
- 4 Bagley

Shot Put

- 1 Tom Benson, Bemidji 47-0 ½
- 2 Thorson, East Grand Forks
- 3 Fredrickson, Bemidji
- 4 Brandt, Roseau
- 5 McNelly, Fosston

Discus Throw

- 1 Romuld, Crookston 127-11
- 2 J. Soltis, East Grand Forks
- 3 Bulow, Greenbush
- 4 Anderson, Gary
- 5 Fredrickson, Bemidji

Broad Jump

- 1 Al Gonsorowski, East Grand Fork 21-9 ¾ **
- 2 Jim Rud, Fosston
- 3 Lovas, Fertile
- 4 Hvidsten, Stephen
- 5 Hanson, Greenbush

High Jump

- 1 Johnson, Ada 5-8
- 2 Larry Helgeson, Bemidji
- 3 John Olson, Littlefork
- 4 Brown, Warroad
- 5 Mitcher, Crookston

Pole Vault

- 1 Furuseth, Thief River Falls 11-0
- 2 John Olson, Littlefork
- 3 Tangjerd, Bagley
- 4 Leverington, Roseau
- 5 Wheelock, Indus